

Culture Based Prevention Resources

for American Indian &
Alaska Native Communities



Celebrate Native approaches to wellness while empowering elementary and middle school students to rise above unhealthy behaviors like substance misuse with all-new, no-cost digital learning resources from Operation Prevention.

Created in collaboration with the Drug Enforcement Administration (DEA), National Indian Education Association and Discovery Education, **Operation Prevention** is an award-winning educational program dedicated to preventing substance misuse in every school, workplace, and community nationwide.

Good Medicine Bundle Holistic Substance Misuse Prevention Tools

Hands-On Activities

Inspire students to honor their cultural heritage of health and wellbeing through mindful action. These flexible activities combine the power of traditional knowledge systems with amazing science-based insights into students' minds and bodies.

- ◇ "Traditional Ways Teach Us that Gratitude is Healthy"
- ◇ "The Lakota Values of Wa on'sila and Wowokiye: The Healing Power of Finding Balance in Traditional Ways"
- ◇ "Food Sovereignty: Relying on Nutrition instead of Chemicals to Make our Bodies Stronger"
- ◇ "Our Bodies are Sacred: Honoring our Ancestors by Staying Active. Cultural/Sacred Value of Movement"

Digital Lesson Bundles

Bring fundamental Native American cultural values to life with interactive classroom resources that harness the wisdom of the past to help students solve the challenges of today's world. Each lesson immerses students in authentic Native customs, knowledge, and history with the help of a comprehensive PowerPoint presentation and accompanying Educator Guide.

- ◇ "Traditional Native Fire Stories Can Teach Us About Emotions"
- ◇ "The Medicine Wheel"

Master Class Videos

Professional Learning Series

Deepen educator understanding of culture-based prevention resources with a Master Class video series, featuring experienced Native educators sharing tips and strategies on how to engage all students using these multi-faceted resources.